



## Safety Made Simple

# CARBON MONOXIDE SAFETY TIPS

### What is carbon monoxide (CO)?

Carbon monoxide (CO) is a colorless, odorless and tasteless poison gas that is produced by fuel-burning appliances such as furnaces, ovens, clothes dryers, water heaters, space heaters, fireplaces, charcoal or gas grills, and wood burning stoves.

If an appliance malfunctions or is improperly installed, CO can back up into the home, reaching dangerous levels and quickly cause injury or death.

Vehicles and other combustion engines, like a generator running in an enclosed space, can also cause CO poisoning.

**Protect your family from "THE SILENT KILLER"**



### What are the symptoms?

Initial symptoms are similar to the flu with no fever and can include dizziness, severe headache, nausea, sleepiness, fatigue/weakness and disorientation.

CO is often called the "silent killer" because it is odorless, tasteless and undetectable. In fact its symptoms are often misdiagnosed and many people don't know they are suffering from CO poisoning.



## What you can do...

- ✓ Install at least one battery powered CO alarm or AC powered unit with battery backup on each level of your home and near sleeping areas.
- ✓ Have a licensed professional inspect the heating systems and other fuel-burning appliances in your home annually.
- ✓ Install fuel-burning appliances properly and operate them according to the manufacturer's instructions.
- ✓ Have all fireplaces cleaned and inspected annually and keep chimneys clear of animal nests, leaves and residue.
- ✓ Do not block or seal shut the exhaust flues or ducts used by water heaters, ranges and clothes dryers.
- ✓ Do not leave your car running in an attached garage or carport.
- ✓ Be careful not to use ovens or stoves to heat your home.
- ✓ Do not use charcoal or gas grills inside or operate outdoors near a window where CO fumes could seep in.
- ✓ Test all carbon monoxide alarms in your home weekly. Do they use the most accurate sensing technology? Do they need new batteries?
- ✓ Replace CO alarms every five years in order to benefit from the latest technology upgrades.
- ✓ Do not to use generators and grills indoors during a power outage.